



# PSHE Policy

## Why do we have PSHE lessons?

- To give children an opportunity to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities.
- To provide pupils with the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.
- To share good practice within the school and with other schools.
- To work with other schools and the local authority to share good practice in order to improve this policy.

## Who teaches us PSHE?

- Each class teacher teaches one PSHE lesson, every week. Nursery and Reception teach it through PSED lessons daily.
- Subjects covered will at times be part of the collective worship themes.

## How often should I be doing PSHE

- One PSHE lesson, every week. Nursery and Reception teach it through PSED lessons daily.