Just Psychology

Trafford Sunrise

Mental Health and Wellbeing
Parent Workshops-March 2020

- Are you a parent based in the Trafford area with a child aged 5-12 years?
- Would you like some advice, information, and resources to support your child?
- Do you want to meet other parents facing similar issues?

Our parent workshops aim to help you to support your child regarding anxiety, bullying, behavioural problems and other emotional health and wellbeing topics.

No booking required!

We encourage parents to attend the full workshop to gain the most benefit

Online Safety & Social Media

Thursday 5th March, 10:00 am - 11:30am

The Hideaway

Central Road, Partington, M31 4EL

Parental Separation & Divorce

Tuesday 10th March, 9:30 am - 11:00am

Seymour Park Primary School

Northumberland Road, Stretford, M16 9QE

Anxiety

Thursday 19th March, 9:30 am - 11:00am

Lime Tree Primary Academy

Budworth Road, Sale, M33 2RP

You can also see our event details and updates on Facebook and Twitter

facebook.com/JustPsychologyCIC/

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