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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 1** |
| **Year 1** | Dance - Pirates  Sports Development:  Movement Skills 1 | Dance - Animals  Sports Development:  Target Games 2 | Gymnastics – balancing & spinning on points & patches  Sports Development:  Movement Skills 2 | Gymnastics – Pathways small & long  Sports Development:  Invasion Games – Skills 1 | Net & wall game skills 1  Sports Development:  Net & Wall skills | Net and wall game skills 2  Sports Development:  Net & Wall skills |
| **Year 2** | Dance: Fire of London  Sports Development:  Movement Skills 2 | Gymnastics: Pathways: straight, zipzag and curving  Sports Development:  Target Games 2 | Dance: Animals  Sports Development:  Multi Skills - Balance | Gymnastics: Spinning, turning and twisting  Sports Development:  Invasion Games – Bench Ball | Invasion Games  Skills 2  Sports Development:  Multi Skills - Circuits | Striking and Fielding Games Skills 2  Sports Development:  Athletics |
| **Year 3** | Swimming | | | Dance: Romans  Sports Development:  Cricket | Gymnastics: linking movements together  Sports Development:  Tri-Golf | Rounders  Sports Development:  Athletics |
| Sports Development:  Handball | Sports Development:  Dodgeball | Sports Development:  Health Related Fitness |
| **Year 4** | Dance: Space  Sports Development:  Handball | Dance: Dance around the World  Sports Development:  Dodgeball | Gymnastics: Partner work – pushing & pulling  Sports Development:  Health Related Fitness | Dance: Egyptians  Sports Development:  Cricket | Gymnastics: Rolling and travelling low  Sports Development:  Tri-Golf | Athletics  Sports Development:  Athletics |
| **Year 5** | Gymnastics: Matching, mirroring & contrast  Sports Development:  Handball | OAA: Orienteering, problem solving and team building  Sports Development:  Dodgeball | Dance: Dance through the ages  Sports Development:  Health Related Fitness | Gymnastics – synchronisation & canon | Athletics | Dance: British values |
| Swimming | | |
| **Year 6** | Gymnastics: counter balance & counter tension  Sports Development:  Handball | Dance: World War 2  Sports Development:  Dodgeball | Health related fitness  Sports Development:  Health Related Fitness | Team building and problem solving  Sports Development:  Cricket | Leadership  Sports Development:  Tri-Golf | Rounders  Sports Development:  Athletics |