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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 1** |
| **Year 1** | Dance - PiratesSports Development:Movement Skills 1 | Dance - AnimalsSports Development:Target Games 2 | Gymnastics – balancing & spinning on points & patchesSports Development:Movement Skills 2 | Gymnastics – Pathways small & longSports Development:Invasion Games – Skills 1 | Net & wall game skills 1Sports Development:Net & Wall skills  | Net and wall game skills 2Sports Development:Net & Wall skills |
| **Year 2** | Dance: Fire of LondonSports Development:Movement Skills 2 | Gymnastics: Pathways: straight, zipzag and curvingSports Development:Target Games 2 | Dance: AnimalsSports Development:Multi Skills - Balance | Gymnastics: Spinning, turning and twistingSports Development:Invasion Games – Bench Ball | Invasion GamesSkills 2Sports Development:Multi Skills - Circuits | Striking and Fielding Games Skills 2Sports Development:Athletics |
| **Year 3** | Swimming | Dance: RomansSports Development:Cricket | Gymnastics: linking movements togetherSports Development: Tri-Golf | RoundersSports Development:Athletics |
| Sports Development:Handball | Sports Development:Dodgeball | Sports Development:Health Related Fitness |
| **Year 4** | Dance: SpaceSports Development:Handball | Dance: Dance around the WorldSports Development:Dodgeball | Gymnastics: Partner work – pushing & pullingSports Development:Health Related Fitness | Dance: EgyptiansSports Development:Cricket | Gymnastics: Rolling and travelling lowSports Development: Tri-Golf | AthleticsSports Development:Athletics |
| **Year 5** | Gymnastics: Matching, mirroring & contrastSports Development:Handball | OAA: Orienteering, problem solving and team buildingSports Development:Dodgeball | Dance: Dance through the agesSports Development:Health Related Fitness | Gymnastics – synchronisation & canon | Athletics | Dance: British values |
| Swimming |
| **Year 6** | Gymnastics: counter balance & counter tensionSports Development:Handball | Dance: World War 2Sports Development:Dodgeball | Health related fitnessSports Development:Health Related Fitness | Team building and problem solvingSports Development:Cricket | LeadershipSports Development: Tri-Golf | Rounders Sports Development:Athletics |