**Hand Actions taken from Jolly Phonics**

**Set 1**

s           Weave hand in an s shape, like a snake, and say ssssss.

a         Wiggle fingers above elbow as if ants crawling on you and say a, a, a.

t           Turn head from side to side as if watching tennis and say t, t, t.

p           Pretend to puff out candles and say p, p, p.

**Set 2**

i            Pretend to be a mouse by wriggling fingers at end of nose and squeak i, i, i.

n           Make a noise, as if you are a plane – hold arms out and say nnnnnn.

m          Rub tummy as if seeing tasty food and say mmmmmm.

d           Beat hands up and down as if playing a drum and say d, d, d.

**Set 3**

g           Spiral hand down, as if water going down the drain, and say g, g, g.

o           Pretend to turn light switch on and off and say o, o, o, o.

c k       Raise hands and snap fingers as if playing castanets and say ck, ck, ck.

**Set 4**

e         Pretend to tap an egg on the side of a pan and crack it into the pan, saying

eh, eh, eh.

u          Pretend to be putting up an umbrella and say u, u, u.

h         Hold hand in front of mouth panting as if you are shaking out of breath and

say h, h, h

r           Pretend to be a puppy holding a piece of rag, shaking head from side to side,

and say rrrrrr.

**Set 5**

f           Let hands gently come together as if toy fish deflating, and say f, f, f, f,

b           Pretend to hit a ball with a bat and say b, b, b.

l          Pretend to lick a lollipop and say l, l, l, l, l, l.