

What is Personal, Health and Social Education?

PSHE education is a planned programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives. As part of a whole school approach at Elmridge Primary School, we develop the qualities and attributes pupils need to thrive as individuals, family members and members of society.

Why is PSHE education important?

Because...

- it makes a major contribution to the health and achievement of children and young people
- it contributes to the welfare and safety of children and young people
- it underpins young people's future employability through the development of the personal and social skills which commerce and industry demand from our workforce
- it helps to increase children and young people's independence and ultimately enables them to take responsibility for themselves.
- it prepares them for their future role as parents, employees and leaders

What does PHSE at Elmridge look like?

At Elmridge Primary School we aim to promote healthy, independent and responsible members of society. We encourage all our pupils to play a positive role in contributing to school life and the wider community through playground buddies, school councils, fundraising events, supporting nominated charities and involvement in community activities. Our pupils are given opportunities in PSHE and SEAL (Social and Emotional Aspects of Learning) lessons and assemblies to

develop confidence, self-motivation and an understanding of their rights and responsibilities within our diverse society.

We teach PSHE in a variety of ways: as a discrete subject, through circle times, via assemblies and through other subjects such as RE, History, Geography, English, Maths and Science, as well as through outdoor educational visits, community work and activities.